

Unfortunately Antibiotics can't treat the common cold!

If you continue to use antibiotics for this....



In the future they may not work for this



Overusing antibiotics for the common cold increases the risk of infections becoming resistant to antibiotics. This may make routine operations more dangerous due to the risk of patients developing infections which are no longer treatable.

The Government's Chief Medical Officer says.....

**"GROWING RESISTANCE TO ANTIBIOTICS IS A
TICKING TIME BOMB..."**



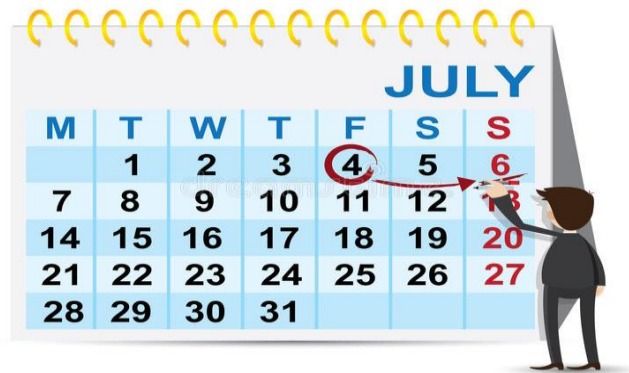
The head of Britain's biggest Medical Research charity warns that.....

**"THE INAPPROPRIATE USE OF ANTIBIOTICS IS A
GLOBAL THREAT..."**

Do you really need to see your GP and become a Patient?

Or

JUST BE PATIENT!



A sore throat can last **7 days**

The common cold can last **10 days**

Sinusitis can last **18 days**

Coughs or bronchitis can last **21 days**

All of these common illnesses can usually be treated with plenty of rest, drinking enough fluids and over the counter paracetamol.

Ask at your local pharmacy for advice.